

## Websites

For Parents

[www.youngminds.org.uk](http://www.youngminds.org.uk)

[www.kidpower.org](http://www.kidpower.org)

[www.bullying.co.uk](http://www.bullying.co.uk)

[www.bbc.co.uk/schools/parents/bullying](http://www.bbc.co.uk/schools/parents/bullying)

[www.direct.gov.co.uk](http://www.direct.gov.co.uk)

For Children under parents supervision

[www.kidscape.org.uk](http://www.kidscape.org.uk)

[www.childline.org.uk](http://www.childline.org.uk)

[www.beatbullying.org](http://www.beatbullying.org)

[www.letsstopbullying.co.uk](http://www.letsstopbullying.co.uk)

For older children

[www.stopbullying.gov](http://www.stopbullying.gov)

[www.grababullybythehorns.com](http://www.grababullybythehorns.com)

For teachers

[www.bullying.co.uk](http://www.bullying.co.uk)

[www.beatbullying.org](http://www.beatbullying.org)

All these sites need parents investigation before allowing your child free access

**Our response to bullying** From our Behaviour Policy

### Bullying

Any incident of bullying is reported to the Headteacher. The matter is dealt with promptly by the Headteacher or the Headteacher's representative.

The Headteacher discusses the incident with all parties involved to:

- ensure that the details of the incident are verified and that no false accusations have been made.
- explain to the child/children why bullying is unacceptable.
- help the child/children to understand the need to be kind and caring to each other.

The Headteacher informs the parents of the pupils concerned about the incident and any action taken in school.

We aim to ensure that a positive Home/School Partnership in these matters is developed and maintained, working together to help children to improve their behaviour.

Details of the incident and action taken are written on the Incident Form and kept in the Safeguarding Folder.



This brochure has been compiled by the parent governors and staff of our school.



### What is bullying?

**Bullying is when someone continually keeps doing or saying things to have power over another person.**

Some of the ways they bully other people are by:

- calling them names,
- saying or writing nasty things about them
- leaving them out of activities
- not talking to them
- threatening them
- making them feel uncomfortable or scared
- taking or damaging their things
- hitting or kicking them
- making them do things they don't want to do.

*Our school lays foundations for future success by challenging and enabling everyone to thrive.*

## What we know about bullying

### Why do some people bully?

There are a lot of reasons why some people bully.

They may see it as a way of being popular, or making themselves look tough and in charge.

Some bullies do it to get attention or acquire things, or to make other people afraid of them. Others might be jealous of the person they are bullying. They may be being bullied themselves.

Some bullies may not even understand how wrong their behaviour is and how it makes the person being bullied feel.

### Why are some young people bullied?

Some young people are bullied for no particular reason, but sometimes it's because they are different in some way - perhaps it's the colour of their skin, the way they talk, their size or their name.

Sometimes young people are bullied because they find it difficult to stand up for themselves.

### Why is bullying harmful?

Some people think bullying is just part of growing up and a way for young people to learn to stick up for themselves. But bullying can make young people feel lonely, unhappy and frightened. It makes them feel unsafe and think there must be something wrong with them. They lose confidence and may not want to go to school any more. It may make them sick.



### What can you do if your child is being bullied?

Coping with bullying can be difficult, but remember, you are not the problem, the bully is. Your child has a right to feel safe and secure.

Encourage your child to:-  
if they are different in some way, be proud of it!

Spend time with their friends - bullies hardly ever pick on people if they're with others in a group.

They have probably already tried ignoring the bully, telling the bully to stop and walking away whenever the bullying starts.

Always tell an adult you can trust. This isn't telling tales. You have a right to be safe and adults can do things to get the bullying stopped.

Even if they think they have solved the problem on their own, tell an adult anyway, in case it happens again.

### Your child will be taught what to do if you see someone else being bullied?

If you see someone else being bullied you should always try to stop it. If you do nothing, you're saying that bullying is okay with you.

It's always best to treat others the way you would like to be treated.

You should show the bully that you think what they're doing is stupid and mean. Help the person being bullied to tell an adult they can trust.

### Cyber

Cyber bullying is when a person or group of people, uses the internet, mobile phones or other digital technology to threaten, tease or abuse someone. Why is cyber bullying different from other types of bullying?

Cyber bullying is a form of bullying, but because it happens online or on mobile phones, it can happen 24 hours a day, seven days a week. If you are being bullied you can usually get away from the bullies at home, but if you are being cyber bullied you can't get away from it. This might leave you feeling scared and unsafe when you are at home.

It can be difficult to know who is doing the bullying. People are able to cyber bully people anonymously by hiding their computer's IP address, which could identify them, or their phone number.

The number of people involved in cyber bullying may also be much bigger than other types of bullying. If the bullying is happening online there could be lots of people who join in. For help with cyber bullying tell a teacher, adult, parent or contact childline through [www.childline.org.uk](http://www.childline.org.uk) or call 0800 1111