

The Walsh Way – Our Curriculum Intent: P.E.

We teach P.E. using the Val Sabin scheme.

<p>In our P.E. curriculum you will see our value of Love</p> <p>Through our P.E. learning we learn to love our bodies and the wonderful things they can do. We appreciate the agility, balance and co-ordination our bodies experience and the skills we can practise and develop. We develop a love of being active and the sense of achievement this brings. Sporting activity brings a sense of fulfilment and well-being that enhances our lives. We experience a range of sporting activities, finding those we love to participate in and that we will continue to enjoy as part of our future active lifestyles.</p>	<p>In our P.E. curriculum you will see our value of Community</p> <p>Our children participate in physical activities by themselves, in pairs and in groups or teams. We encourage them to be a 'good sport', to work well as part of a team and to encourage and support each other. They learn to work together and co-operate with each other. When possible, the children participate in sporting events with other schools in our local area and represent their own school community.</p>	<p>In our P.E. curriculum you will see our value of Perseverance</p> <p>In our P.E. lessons we share the importance of continuing to practise a skill until it is achieved and then to improve our performance against others and ourselves. The children learn to explore ideas and discover new skills their bodies can achieve and in different ways that equipment can be used. In P.E. the children discover that they can't always do something the first time they attempt it. We encourage them to be resilient when challenges occur and to persevere so they can celebrate their achievements.</p>
<p>In our P.E. curriculum you will see our school curriculum prioritises reading, basic skills of oral language, literacy, numeracy, and personal, social and health</p> <p>We link our P.E. learning to other curriculum areas wherever possible. We use our Maths skills to count how many/ how far etc in our activities and to create given shapes, for example. We create games and write the instructions for how to play them. We understand the importance of giving and following instructions. The children learn that exercise is key to having a healthy lifestyle and a healthy body and mind.</p>	<p style="text-align: center;">P. E.</p> 	<p>In our P.E. curriculum you will see that we value inclusion and diversity</p> <p>All our children are supported to participate in P.E. lessons at their own level. Our skilled staff adapt physical activities to make them accessible for all of our children. The children learn to appreciate the skills they find easy and more difficult and appreciate the same in their classmates. The children support and encourage each other and understand that some children find some physical activities difficult. All children participate in our annual Sports Day and all children are celebrated for their achievements.</p>
<p>In our P.E. curriculum you will see children learning through exciting, engaging learning experiences</p> <p>Our children get to experience a variety of P.E. activities including dance, gymnastics, athletics and games. They learn to perform dance skills from around the world including a dragon dance linked to Chinese New Year, maypole dancing, yoga and a variety of dance styles taught by dance experts. The children love to use the specialised equipment we have in the hall and the exciting range of equipment we use for games including a range of bikes, trikes and scooters. The large parachute is also very popular.</p>	<p>In our P.E. curriculum you will see how we increase our children's Cultural Capital</p> <p>We enable our children to participate in as many P.E. and sports activities as possible. All our children have a yoga session each half-term with a qualified yoga teacher to encourage their flexibility and mental well-being. Our Year 2 children perform traditional maypole dancing to an audience. We bring in sports coaches to work with our children and they enable the children to experience activities such as street dance, fencing, golf, football and cricket amongst others.</p>	<p>In our P.E. curriculum you will see how we develop our children's language, including subject specific and technical vocabulary</p> <p>Children are taught the vocabulary of P.E. and the specific language we use in P.E. and sport. They are encouraged to describe what their bodies can do and the activities and skills they participate in. A key part of our P.E. lessons is verbally responding to what the children see their classmates doing using clear explanations with technical vocabulary. Our P.E. lessons are taught as part of units so the language can be scaffolded. Every child's responses are valued.</p>