

Walsh Memorial C of E Infant School Meal Choices Form – Starting 5th Sept 2022

Please can you complete a new meal choice form for your child by ticking one meal option a day (you do not need to tick the pudding).

Child's Name:.....

Class

Special Diet/Food Allergies: *Please note, that from 01 November 2021 we will be only able to serve special diet meals to those pupils whose application for special diet is processed fully and accepted by Twelve 15.*

Notes

At present, our suppliers cannot guarantee that all products supplied are 100% nut free as products may be produced in premises where nuts are present.

Twelve 15 cater for 14 recognised food allergens: celery, crustaceans, dairy, egg, fish, gluten, lupin, molluscs, mustard, nut, peanut, sesame, soya, sulphites. We also support vegetarian, vegan, pork or beef free diets. If your child requires any of these diets and would like a school meal, you need to complete an application for a Special Diet, please request a form from the school office.

Please note that all red and green dishes are served with a selection of vegetables, unless baked beans have been specified. Gravy, BBQ sauce and custard are optional; the serving staff will ask the children whether they want them before serving them.

Please let the school office know if you wish to change your child's meal choices or if you wish to change from packed lunch to school dinners, or vice versa. Although school meals are free to the children, the school still has to pay for each meal that it orders.

Thank you for your co-operation.

Mrs Sanders & Mrs Saunders

Week 1 – 12 Sept, 3 Oct				
Monday	Tuesday	Wednesday	Thursday	Friday
Red Little pasta sacks filled with mozzarella, in tomato & basil sauce with garlic dough balls & peas (v) <input type="checkbox"/>	Red Pork & apple grill with creamed potato & broccoli florets <input type="checkbox"/>	Red Roast British Chicken with Sage & Onion Stuffing, Roast Potatoes, Baton Carrots & Gravy <input type="checkbox"/>	Red Ham & cheese pasta bake with sweetcorn & wholegrain bread <input type="checkbox"/>	Red Breaded 'Flipper Dippers' with oven chips & peas <input type="checkbox"/>
Green Veggie Bolognese with penne pasta & sweetcorn (v) <input type="checkbox"/>	Green Home-made squashage roll with creamed potato & baked beans (v) <input type="checkbox"/>	Green Quorn Fillet with Sage & Onion Stuffing, Roast Potatoes, baton carrots & Gravy (v) <input type="checkbox"/>	Green Pizza swirls with spicy potato wedges & chef's salad (v) <input type="checkbox"/>	Green Vegetable quesadilla with oven chips & vegetable medley (v) <input type="checkbox"/>
Jacket & cheese <input type="checkbox"/>	Jacket & tuna mayo <input type="checkbox"/>	Jacket & beans <input type="checkbox"/>	Jacket & tuna mayo <input type="checkbox"/>	Jacket & cheese <input type="checkbox"/>
Pudding Cheese & Biscuits (v) <input type="checkbox"/>	Pudding Peach & carrot muffin (v) <input type="checkbox"/>	Pudding Yoghurt Selection (v) <input type="checkbox"/>	Pudding Fruity flapjack (v) <input type="checkbox"/>	Pudding Chocolate ice cream roll (v) <input type="checkbox"/>
<i>I will supply a packed lunch</i> <input type="checkbox"/>	<i>I will supply a packed lunch</i> <input type="checkbox"/>	<i>I will supply a packed lunch</i> <input type="checkbox"/>	<i>I will supply a packed lunch</i> <input type="checkbox"/>	<i>I will supply a packed lunch</i> <input type="checkbox"/>

Please turn over to complete week 2 and 3 menu's

Week 2 – 19 Sept, 10 Oct

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p align="center"><u>Red</u></p> <p>Loaded cheese & tomato pizza with oven baked potato wedges & home-made slaw (v)</p> <p align="center"><input type="checkbox"/></p>	<p align="center"><u>Red</u></p> <p>Chicken & butternut squash curry with wholegrain rice & broccoli florets</p> <p align="center"><input type="checkbox"/></p>	<p align="center"><u>Red</u></p> <p>Roast British beef with roast potatoes, cauliflower florets & gravy</p> <p align="center"><input type="checkbox"/></p>	<p align="center"><u>Red</u></p> <p>BBQ Lincolnshire sausages with crispy herb potatoes & baked beans</p> <p align="center"><input type="checkbox"/></p>	<p align="center"><u>Red</u></p> <p>Fish fingers with oven chips</p> <p align="center"><input type="checkbox"/></p>
<p align="center"><u>Green</u></p> <p>Margherita mac & cheese with oven baked potato wedges & vegetable medley (v)</p> <p align="center"><input type="checkbox"/></p>	<p align="center"><u>Green</u></p> <p>Creamy Quorn korma with wholegrain rice & sweetcorn (v)</p> <p align="center"><input type="checkbox"/></p>	<p align="center"><u>Green</u></p> <p>Glamorgan sausage with roast potatoes, carrot roundels & gravy (v)</p> <p align="center"><input type="checkbox"/></p>	<p align="center"><u>Green</u></p> <p>Home-made Quorn sausage & tomato roll with crispy herb potatoes & green beans (v)</p> <p align="center"><input type="checkbox"/></p>	<p align="center"><u>Green</u></p> <p>Vegetable fingers with oven chips & crushed peas (v)</p> <p align="center"><input type="checkbox"/></p>
<p align="center">Jacket & cheese</p> <p align="center"><input type="checkbox"/></p>	<p align="center">Jacket & tuna mayo</p> <p align="center"><input type="checkbox"/></p>	<p align="center">Jacket & beans</p> <p align="center"><input type="checkbox"/></p>	<p align="center">Jacket & tuna mayo</p> <p align="center"><input type="checkbox"/></p>	<p align="center">Jacket & cheese</p> <p align="center"><input type="checkbox"/></p>
<p align="center"><u>Pudding</u></p> <p>Chilled Melon slice (v)</p>	<p align="center"><u>Pudding</u></p> <p>Yoghurt selection (v)</p>	<p align="center"><u>Pudding</u></p> <p>Cheese & biscuits (v)</p>	<p align="center"><u>Pudding</u></p> <p>Strawberry mousse (v)</p>	<p align="center"><u>Pudding</u></p> <p>Vanilla ice cream (v)</p>
<p><i>I will supply a packed lunch</i></p> <p align="center"><input type="checkbox"/></p>	<p><i>I will supply a packed lunch</i></p> <p align="center"><input type="checkbox"/></p>	<p><i>I will supply a packed lunch</i></p> <p align="center"><input type="checkbox"/></p>	<p><i>I will supply a packed lunch</i></p> <p align="center"><input type="checkbox"/></p>	<p><i>I will supply a packed lunch</i></p> <p align="center"><input type="checkbox"/></p>

Week 3 – 5 Sept, 26 Sept, 17 Oct

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p align="center"><u>Red</u></p> <p>Vegan Sausage roll with crispy herb potatoes & Green beans (v)</p> <p align="center"><input type="checkbox"/></p>	<p align="center"><u>Red</u></p> <p>Beef burger in a bun with sweet potato wedges & salad</p> <p align="center"><input type="checkbox"/></p>	<p align="center"><u>Red</u></p> <p>Roast British Gammon with Roast Potatoes, broccoli florets & Gravy</p> <p align="center"><input type="checkbox"/></p>	<p align="center"><u>Red</u></p> <p>Chicken & thyme meatballs, tomato sauce, pitta bread, coucous & sweetcorn</p> <p align="center"><input type="checkbox"/></p>	<p align="center"><u>Red</u></p> <p>Breaded fish fillet with hash browns & peas</p> <p align="center"><input type="checkbox"/></p>
<p align="center"><u>Green</u></p> <p>Chili non carne filled jacket potato with carrot roundels (v)</p> <p align="center"><input type="checkbox"/></p>	<p align="center"><u>Green</u></p> <p>Country vegetable burger in a bun with sweet potato wedges & salad (v)</p> <p align="center"><input type="checkbox"/></p>	<p align="center"><u>Green</u></p> <p>Home-made Quorn lattice slice with roast potatoes, carrots & gravy</p> <p align="center"><input type="checkbox"/></p>	<p align="center"><u>Green</u></p> <p>Mediterranean pasta bake with chef's salad</p> <p align="center"><input type="checkbox"/></p>	<p align="center"><u>Green</u></p> <p>Mini omelette, hash brown, veggie sausage, baked beans (v)</p> <p align="center"><input type="checkbox"/></p>
<p align="center">Jacket & cheese</p> <p align="center"><input type="checkbox"/></p>	<p align="center">Jacket & tuna mayo</p> <p align="center"><input type="checkbox"/></p>	<p align="center">Jacket & beans</p> <p align="center"><input type="checkbox"/></p>	<p align="center">Jacket & tuna mayo</p> <p align="center"><input type="checkbox"/></p>	<p align="center">Jacket & cheese</p> <p align="center"><input type="checkbox"/></p>
<p align="center"><u>Pudding</u></p> <p>Yoghurt selection (v)</p>	<p align="center"><u>Pudding</u></p> <p>Banana muffin (v)</p>	<p align="center"><u>Pudding</u></p> <p>Chilled melon slice (v)</p>	<p align="center"><u>Pudding</u></p> <p>Cheese & biscuits (v)</p>	<p align="center"><u>Pudding</u></p> <p>Home-made chocolate & beetroot brownie (v)</p>
<p><i>I will supply packed lunch</i></p> <p align="center"><input type="checkbox"/></p>	<p><i>I will supply packed lunch</i></p> <p align="center"><input type="checkbox"/></p>	<p><i>I will supply packed lunch</i></p> <p align="center"><input type="checkbox"/></p>	<p><i>I will supply packed lunch</i></p> <p align="center"><input type="checkbox"/></p>	<p><i>I will supply packed lunch</i></p> <p align="center"><input type="checkbox"/></p>